

Refund Policy

7-Day Money-Back Guarantee

We stand behind the quality of our 4-Week Mindful Drinking Reset and want you to be completely satisfied with your purchase.

Our Commitment

We offer a complete refund within 7 days of purchase if you've given the Reset an honest try and it's genuinely not the right fit for you.

How It Works

Try It Properly: Download the materials, start your daily emails, and engage with the content for at least a few days.

Give It a Fair Go: We ask that you actively engage with the material rather than simply purchasing and immediately requesting a refund.

Contact Us: If, after genuine engagement, you find it's not suitable for you, email us at denise@lownodrinkermagazine.com within 7 days of your purchase date.

Full Refund: We'll process your complete refund within 5-10 business days, no questions asked.

What We Need

- Your order number or purchase email address
- Confirmation that you've engaged with the materials
- Your refund request submitted within 7 calendar days of purchase

Important Notes

- The 7-day period begins from your purchase date, not your first access to materials
- Refunds are processed back to your original payment method
- Digital products remain accessible until the refund is processed
- This policy applies to individual purchases only

Contact for Refunds

Email: denise@lownodrinkermagazine.com
Subject: Refund Request - 4WR

Please include your name, order details, and a brief note about your experience with the programme.

This refund policy forms part of our terms and conditions. For other enquiries, please contact denise@lownodrinkermagazine.com

