

Terms of Sale - Digital Delivery Consent

What You're Purchasing

By purchasing the "Live More, Drink Less: 4-Week Mindful Drinking Midlife Reset," you are buying digital educational materials including:

- 28 daily email lessons delivered over 4 weeks
- PDF guide and bonus materials
- Private podcast audio content
- Access to the Course Hub with all materials

Digital Delivery & Immediate Access

Important: This is a digital product delivered electronically. By completing your purchase, you explicitly consent to immediate delivery of your digital materials.

Your course access begins immediately upon payment confirmation through:

- Automated email sequence starting within 24 hours
- Instant access to the Course Hub containing all downloadable materials
- Private podcast feed credentials sent to your email

Consumer Rights Notice (UK)

Under UK Consumer Rights legislation, you have the right to cancel digital purchases within 14 days. However, **by purchasing this course, you explicitly consent to immediate delivery and acknowledge that you will lose your right to cancel once you begin accessing the digital content.**

This means:

-  You can cancel before accessing any course materials for a full refund
-  Once you download materials or receive your first course email, the 14-day cancellation period no longer applies

Delivery Timeline

- Course Hub access: Immediate upon payment
- Day 0 welcome email: Within 24 hours of purchase
- Daily course emails: Begin the day after your welcome email
- All PDF materials: Available immediately in your Course Hub

Refund Policy

Please refer to our separate Refund Policy for complete terms. In summary:

- Refunds available before you access course materials
- After accessing content, refunds considered on a case-by-case basis within first 7 days
- No refunds available after Day 7 of the course

Usage Rights

All course materials remain the intellectual property of Low No Drinker Media/Denise Hamilton-Mace. Your purchase grants you personal, non-transferable access for your own use only. Sharing, copying, or redistributing course materials is prohibited.

Technical Requirements

You will need:

- Email address for course delivery
- Internet access to download materials
- Podcast app for audio content (optional)

Support

If you experience any technical difficulties accessing your course materials, please contact support within 48 hours of purchase.

By completing your purchase, you confirm that you:

- Understand this is a digital product with immediate delivery
- Consent to immediate access to digital materials
- Acknowledge the cancellation rights outlined above
- Accept these Terms of Sale

Last updated: 25th September 2025